

New England Working Equitation Newsletter

<https://www.newenglandwe.com/>



Letter from the Founders

WELCOME to the first edition of the New England Working Equitation newsletter, NEWE NEWS! Many thanks and appreciation to our article contributors and volunteers who have dedicated their time to getting NEWE NEWS out to our members and in the public eye.

Since NEWE's inception in 2017 the sport of Working Equitation has attracted more and more riders in the northeast region. Our demonstrations at equine events, offering of clinics, competitions, mock shows and play days has brought an awareness to riders of many disciplines and levels. It's been gratifying and exciting to see the growth and recognition of the sport in such a short time.

2020 is already shaping up to be a banner year for NEWE. The biggest news is that we will be hosting the first ever Confederation for Working Equitation Region 6 Championship show on September 18-20, 2020 in Centre Hall, Pennsylvania.

Looking ahead into the New Year, we look forward to seeing our membership out at the educational events and competitions held throughout the year. Check out the calendar for upcoming events!

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Through NEWE NEWS we will strive to keep our members up to date on WE activities and opportunities, recognize our members, share special offers, and provide a place to learn more about this sport we are so passionately involved in.

Thank you for joining us. If you'd like to volunteer to help produce NEWE NEWS, or volunteer in another capacity, please let us know!

Happy Riding,

*Stephanie Hayes and Kat Waters,
Founders, New England Working Equitation, Inc.*

Retrospect: A Look Back at Last Year

by Stephanie Hayes

On August 10, 2019 the first rated Working Equitation show was held in New England at the beautiful Full Circle Farm in Newport, New Hampshire owned by Deborah Cossingham. It was a beautiful summer day, complete with a mid day shower followed by a glorious rainbow over the pastures. Sixteen entries from Level 1 through 5 competed under "S" judge Tarrin Warren from Texas. The highlight of the show was the Ease of Handling course, set in a grassy field, complete with a water obstacle and bank. The course challenged riders and horses and proved to be a great learning experience for all. Competitors were appreciative of the extra schooling time Judge Tarrin gave everyone at the water obstacle before the speed round. The show was made possible only by the dedicated volunteers who organized and fulfilled their roles before, during and after the event. Thank you to all who participated, volunteered and supported the show. Thank you to Abby Rowlee Photography for the beautiful pictures of a day to remember.



THANK YOU FCF, VOLUNTEERS & SHOW SUPPORTERS

Manager, Cheryl Withrow
Coordinator, Wendy Allen
Provisional TD, Judi Whipple
Secretary, Kat Waters
Sponsorship Coordinator, Stephanie Hayes
Paddock Steward, Paula Waters
Warmup Ring Steward, Marty Hunt
Scorer, Matt Waters
Ring Crew, Shirley Ouelette, Scott Monahan, Megan van der Stok
Scribe, Amanda Lamoureux
Hospitality, The DiMarzio Family

And a **special Thank You to the sponsors** who donated awards and products for the competitor bags:

Purina Feeds
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Butternut Mountain Farm
Pam Stanyon
Hay Chix
Tractor Supply
Kelleyville Horse Supply
Grand Meadows
Northeast Equestrian Life Magazine



Youth News

by Alyx West

My name is Alyx West, and I am a 13 year old Working Equitation junior rider. I am very fortunate to live in the beautiful green mountains of Vermont right next to the Center For America's First Horse, owned and run by Stephanie Hayes. A couple of summers ago, Stephanie was teaching a Working Equitation clinic, and I was there the day before to help her set up obstacles. I had been riding with Stephanie for about a year, though I had been riding for almost 5 years at the time. I had never heard about Working Equitation, and I was fascinated with what was required to simply set up the obstacles. I was full of questions, and the more I learned, the more I wanted to try it. Stephanie promised that we could practice with obstacles in my next lesson, and I could not wait. As promised, for the next couple of weeks my lease horse, Maya, and I were introduced to this new discipline. Immediately, I was hooked. The precision required to ride each obstacle correctly, and all of the new things I was learning had me completely blown away.

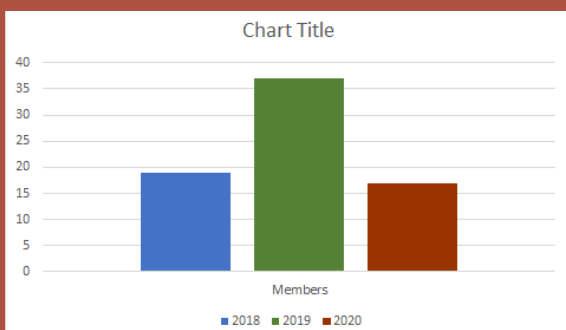
Throughout the rest of the summer and into the winter we continued to occasionally work on this new discipline. I already had some experience at dressage, doing a few schooling shows locally, but I wanted more. The obstacles were my favorite to practice, but I knew that dressage was the base layer to everything involved in this sport. A little while later, I got the news that New England Working Equitation was organizing the first ever rated WE show to come to New England. Stephanie said that if I worked hard and was serious about it, I could participate in this show. My eyes were set on this new goal, and I worked hard during the whole next summer to be ready. I participated in clinics taught by Stephanie, and continued to practice obstacles and dressage during my weekly lessons.

On August 10th, 2019 Maya and I participated in our first ever Working Equitation B-rated show, competing at level 2. The best part was having my family and best friend there with me, along with my equine mentor Stephanie, showing their full support. The day went by so fast, and it was so amazing. We finished with a score of 60.90% in dressage, 59.17% in ease of handling, and a time of 4 minutes in our speed round which was by far my favorite. The way we flew through the course without anything to worry about except for our time and completing the obstacles, it felt like we were flying. We went home with high score junior, and a new ribbon for my wall.

I immediately knew that I wanted to continue in this discipline, but we had recently received exciting news. 10 days before the show, we got a confirmed pregnancy announcement from our vet. Next June, Maya is due to have her second foal! This is amazing news, but it does mean that I will be unable to compete on her next summer. However, I have recently begun to ride a wonderful 13 year old gelding by the name of Augustine. I am hoping to compete at level 3 on Augustine next summer while Maya is caring for her baby. In the long run, I am hoping to continue to move up in the levels, and eventually become a qualified Working Equitation trainer.

I also hope to train my own horses to compete in this amazing discipline, because I find it an amazing way to challenge any horse and rider team, no matter the level.

MEMBER STATISTICS



States Represented:

Maine ~~ New Hampshire ~~ Vermont
Massachusetts ~~ New York ~~ Pennsylvania

FEBRUARY 2020

GET YOUR WORKING EQUITATION HANDBOOK TODAY!

<https://forms.gle/MNLnQr3rmapEVb5J9>



BE SURE TO CHECK OUT THE
NEWLY REVISED RULES
EFFECTIVE FOR THE 2020 SHOW
SEASON

<https://static1.squarespace.com/static/5873caeabbd1a717d922935/t/5dd330cfb036cc38a01a88dd/1574121680413/U.S.+Rules+for+WE%2C+Rev+3.1.pdf>



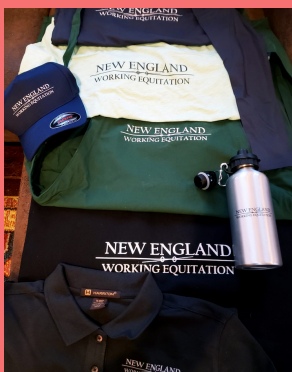
LOOKING TO GET INVOLVED?

NEWE is a 100% volunteer run organization and welcomes your help.

Please contact Kat or Stephanie to talk about available positions.

Kat:
newenglandworkingequitation@gmail.com

Stephanie:
Steph@newenglandwe.com



NEWE LOGO GEAR!

Get your's now! A great way to support NEWE and look good while you do it. High quality shirts and more...

Visit the online shop [here](#).



Training Tip: Corridor

Permissions from Tarrin Warren and Kelli Paulson Crist

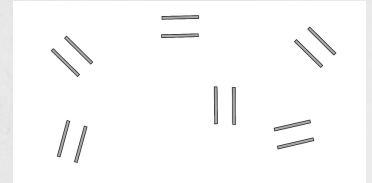
Set-up: Set parallel poles/logs to make corridors 4 feet wide. Corridors may be in random locations in your riding area.

- Practice riding straight lines and bends as you choose the best approach to each corridor.
- Practice riding straight through corridors at all gaits: walk, trot, canter.
- Stop and back in the corridors.
- Halt and ride forward in the corridors.

TIPS:

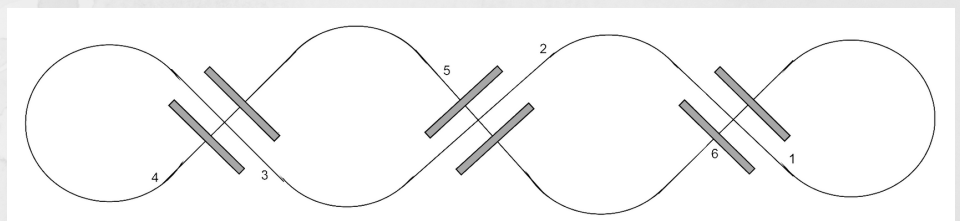
Maintain rhythm and straightness while riding.

Use half-halts while approaching and riding through the corridor to rebalance and prepare for the halt. Horses anticipate exercises. Vary your transitions and patterns to keep the horse listening to your cues.



Style 1:

- Start at 1. Ride through each set of poles/logs. 1, 2 and 3.
- Make a partial circle and this time cross over the middle of the logs. 4, 5 and 6.
- Continue to ride the pattern until the horse has rhythm, relaxation and good changes of bend.



Style 2:

- Ride into the corridors. Halt parallel to the corridor sides and back out of the corridors.
- Add halts in the corridor to practice keeping the horse straight in upward and downward transitions. Back a few steps in the corridor prior to your upward transition to encourage engagement. Be sure the horse is staying straight in the halt, back and transition. If the horse is stepping closer to one pole, stepping over the poles, swinging the haunches when the haunches clear the corridor, the rider needs to focus on straightening the horse prior to continuing the exercise.

TIP:

Prepare for transitions and changes of bend with half halts.

This exercise can be ridden at a walk, trot and canter. However, riding perpendicular over the poles is set for trot strides not canter strides. Limit the canter to riding through the corridors, changing leads between corridors, and transitions in the corridors.

At the canter, changes of lead should happen in the corridor to help maintain straightness during the change.

FEBRUARY 2020

2020 Message from the Board

The NEWE board is working hard to put together a robust calendar of WE events for 2020, stay tuned as plans solidify. If you or someone you know is interested in hosting a WE clinic or show but need some help to bring that together, please reach out to newenglandworkingequitation@gmail.com and we will help get your event going!

Your NEWE membership:

- Allows you to compete at Confederation recognized shows without paying the non-member fee
- Includes a subscription to NEWE news
- Gives you access to the Confederation e-Newsletter
- And most importantly helps support the growth of Working Equitation in the Northeast

There are two easy ways to renew your membership or make your friend a NEWE by giving membership as a gift! Print the form attached and mail in with your check or visit newenglandwe.com/membership to fill out the online form and follow Buy Now link to pay via PayPal.

Please email newenglandworkingequitation@gmail.com with any questions.

Member Highlights

Congratulations Kat Waters!

Kat was selected to serve as an Executive Board member for The Confederation for Working Equitation. She also serves as the Chair of the Licensing Officials Committee and Professionals and Ambassadors Program. Kat brings her passion for Working Equitation, along with her great organizational and communication skills to another level by serving The Confederation at the National level.

Congratulations Stephanie Hayes!

Stephanie has been recognized by The Confederation for Working Equitation as a Level 2 Professional. "The Confederation's WE Professionals Program recognizes and promotes qualified clinicians and trainers who wish to grow the sport of Working Equitation." Stephanie looks forward to teaching more clinics throughout the region to get a greater number of riders involved in the sport.

For information on the Professionals and Ambassador Program visit <https://www.confederationwe.us/we-professionals>, or contact Kat@confederationwe.us.

A big **CONGRATULATIONS** to our NEWE members achievements at the National Level!

Congratulations on all of your successes through your dedication and hard work!

Alyx West - Champion Level 2 Youth

Stephanie Hayes - Top 10 Level 2, Top 10 Level 3, Reserve Champion Level 4,

Amanda Lamoureux - Level 1 Open Top 10, Level 2 #11

Kat Waters - Level 1 Open Top 10, #21 and #22. Level 3 Open Top 10

Bree Sprik - Top 10 Level 5 * **Francine King** - Level 2 Open #19 * **Deanna Durst** - Level 1 Amateur #52

2020 CALENDAR OF EVENTS

Keep an eye on the NEWE
Calendar <click here>

Summer WE Schooling Series

June 14th - August 8th - August 30th

Clinics with Stephanie Hayes

May 16th - June 27th - August 29th

Center for America's First Horse
Johnson, VT

(Click here for more information)

June 18 - 19

Clinic with Tarrin Warren
Vermont State Fairgrounds
Rutland, VT

June 20 - 21

B-Rated Northeast Working Equitation

Vermont State Fairgrounds
Rutland, VT

September 12-13

Clinic with Doreen Atkinson
Center for America's First Horse
Johnson, VT

September 18-20

Region 6 Championship
Centre Hall, PA

We hope you can help us make this Inaugural
Regional Championship Show one to remember
with your sponsorship!

View the Sponsor Packet
for more information, or contact Stephanie
Hayes at Steph@newenglandwe.com

